

... Give us your body for a while and
We'll give back your mind ...

...Arenal Kioro Peace & Equilibrium Packages...

Aromatherapy Splendor

allow 1 hour 50 min. / \$135

Arenal Kioro Aromatherapy Salt Scrub
Arenal Laguna Aromatherapy Bath
Aroma Swedish Dream Massage

Chocolate Fantasy

allow 1 hour 50 min. / \$145

Chocolate & Sugar Glow
Sweet Chocolate Body Wrap
Chocolate Bath

A Taste of Costa Rica

allow 1 hour 30 min. / \$130

Coffee Bliss Scrub
Holistic Coffee Body Wrap

The Volcanic Mud Kiss

allow 2 hours 30 min / \$210

Mud Experience Massage
Arenal Volcano's Mud Dream Body Wrap
Clay Mud Mini Facial

Tropical Delight

allow 1 hour 50 min. / \$145

Exotic Tropical Fruit Body Wrap
Herbal & Exotic Flower Bath
Tropical Exotic Mini Facial



Feeling like a God

allow 2 hours 20 min. / \$235

Secret of the Gods / Deluxe Grape Body Wrap
Pure Honey Delight Massage
Enriching Cleopatra's Milk Bath

The Four Elements of the Nature

allow 2 hours / \$190

Water: Herbal & Exotic Flower Bath
Fire: Hot Lava Stone Massage
Earth: Clay Mud Mini Facial
Ether: Breathing Ritual

Fountain of Youth

allow 2 hours 50 min. / \$280

Brown Sugar Vanilla Polish
Exotic Tropical Fruit Body Wrap
Aroma Swedish Dream Massage
Sandalwood & Jasmine Sensual Bath

Take Care of Yourself

allow 3 hours 50 min. / \$305

Exquisite Orange & Honey Rub
Deep Pore Cleansing
Paraffin Indulgence Manicure
Paraffin Indulgence Pedicure
Marine Crystals Bath

Energy Spa

allow 2 hours 35 min. / \$235

Reflexology Feet, Hands & Head
Gentleman's Facial
Chocolate Bath

Vitality Spa

allow 2 hours 35 min. / \$190

Deep Tissue Massage
Gentleman's Manicure
Gentleman's Pedicure
Marine Crystals Bath

Queen for a Day

allow 2 hours 20 min. /\$180

Pure Honey Delight Massage
Enriching Cleopatra's Milk Bath
Deep Pore Cleansing

Mother to be Special

allow 2 hours 30min. /\$160

Pregnancy Bliss Massage
Pollen & Honey Mini Facial
Deluxe Pedicure

Men's Retreat

allow 2 hours 45min. / \$210

Coffee Bliss Scrub
Deep Tissue Massage
Gentleman's Facial

Just for Him

allow 2 hours 15min. /\$140

Hot Lava Stone Massage
Gentleman's Manicure
Gentleman's Pedicure

The Best of Arenal

allow 2 hours 50 min. /\$285

Arenal Kioro Signature Massage
Arenal Volcano's Mud Dream Body Wrap
Arenal Laguna Aromatherapy Bath

Bliss on the Rock

allow 2 hours / \$175

Hot Lava Stone Massage
Reflexology Foot Treatment



Pick me Up

allow 1 hour 50min. /\$180

Deep Tissue Massage
Reflexology Foot Treatment
Chocolate Bath

The Richness of the Sea

allow 1 hour 50 min. / \$190

Sea Algae Body Wrap
Equilibrium / Algae Mini Facial
Marine Crystals Bath

Children's Pampering

allow 1 hour 15 min. /\$115

Children's Massage
Kid's Manicure
Kid's Pedicure

Children's Beauty

allow 1 hour 15 min. /\$115

Tropical Exotic Mini Facial
Kid's Manicure
Kid's Pedicure

...Romantic Interlude for Couples ...

Lover`s Pampering

allow 2 hours / \$285

Brown Sugar Vanilla Body Glaze
Aroma Swedish Dream Massage
Sandalwood & Jasmine Sensual Bath
A glass of sparkling Wine

Couple`s Seduction

allow 1 hour 20 min. / \$190

Couple`s Massage
Lily of the Valley & Honeysuckle Lover`s Bath
A glass of sparkling Wine

A Touch of Paradise

allow 2 hours 20 min./\$485

Secret of the Gods / Deluxe Grape Body Wrap
Wave of four Hands Massage
Herbal & Exotic Flower Bath
A glass of sparkling Wine

.... Idyllic Moments for Couples

Chocolate Indulgence Lover`s Package

allow 2h.20min. / \$360

Chocolate Massage
Sweet Chocolate Body Wrap
Chocolate Bath

Pure Bliss: Milk & Honey Package

allow 1h.50min./\$ 380

Pure Honey Delight Massage
Pollen & Honey Mini Facial
Enriching Cleopatra's Milk Bath

Be Together Happiness Package

allow 1h.50min/ \$365

Couple`s Massage
Coffee Bliss Scrub
Lily of the Valley & Honeysuckle Lover`s Bath

Wine Therapy

Wine therapy is the new cosmetic and relaxing tendency against the cutaneous aging. The secret of the wine-therapy is the Polifenolo are powerful antioxidants, and with the treatments of wine therapy which the scrub with the peels of the grape, the massages with the oil of the grapes seeds or with the immersions in the wine or the applications of the same one on the skin free these last from the dead cells living to the skin a luminous and juvenile aspect, detoxing the body and stimulating the circulation.

The Young Eternity Secret

allow 2 hours 20 min. / \$180

Wine's Massage
Deluxe Grape Body Wrap
Honey & Wine's Bath
A glass of Red Wine

Rejuvenence`s Secret

allow 1 hour 50 min. / \$150

Sugar Grape Scrub
Deluxe Grape Body Wrap

Neidin Spa



.... Dissolve your Stress... Calm your mind...
...Restore your Spirit....

..Massages...

Arenal Kioro Signature Massage

90 min. / \$130

The ideal massage to soothe away stress, this massage is a unique combination of therapies designed to ease away tension of the body and mind. This gentle massage utilizes fingertips and palms to relax the tired muscles throughout your body, helping to promote a sense of well-being.

Aroma Swedish Dream Massage

60 min. / \$80

This classic massage incorporates long, flowing and kneading strokes. These soothing techniques relieve tired muscles, increase circulation and induce a state of complete relaxation. Perfect for someone's first massage or for that person that just wants a soothing, relaxing massage.

Reflexology Feet, Hands, Head

60 min. / \$80

Originating thousands of years ago in ancient China, this technique is based on the premise that the body contains specific energy points or " chi ", constantly flowing through channels or zones, which unite to form the reflex points on the feet and hands. Your therapist uses specific techniques of both stimulating and balancing the equilibrium of the body, increases an overall sense of well-being and fosters a restoration of your body's natural state.

Wave of Four Hands Massage

60 min. / \$155

Quite possibly the ultimate spa experience, this treatment utilizes two therapists simultaneously performing a choreographed massage. The rhythm of four hands brings a state of deep relaxation, allowing the mind to float away. The experience of four Synergy Sources kneading your body to release muscle memory and all original tension is the ultimate in pampering and decadence.

In Room Massage

60 min. / \$90

For a truly intimate experience, enjoy a 60 minute massage of your choice – Aroma Dream Swedish Massage or Reflexology Feet, Hands and Head – in the privacy of your own room.

Hot Lava Stone Massage

90 min. / \$125

Since the birth of time, many ancient cultures have used the healing power of stones for both medicinal and spiritual purposes. Harnessing the properties of the volcanic basalt stone, we bathe them in warm water and spiced sensual aromas. Small stones are placed on key energy points on the body, evoking an aura of warmth, whilst the deep penetrating heat from the stone is used to massage the body. Traditional techniques are used to release muscular tension and balance the spirit.

Couple`s Massage

60 min. / \$165

Share the experience of massage with a significant other as our therapists perform a massage for the couple in the same room. Almost all technique of massage is available.

Deep Tissue Massage

60 min. / \$80

Designed to work the deeper muscle groups at a slow pace and therapeutically relieve the body of tension and injuries while still promoting relaxation from stress. Recommended for those that have had previous massage experience and would like stronger work.

Pregnancy Bliss Massage

60 min. / \$80

A gentle massage designed for the expectant mother, which soothes the common aches and pains of pregnancy by increasing circulation in the most affected areas such as feet, legs, hips and back. It also improves comfort by reducing general water retention and swelling. Let us help relieve you of some of the aches and pains you're carrying around, and care for both you and your baby (Recommended for women in their second or third trimester)

Mud Experience Massage

60 min. / \$90

Mud therapy has been revered and practiced in every indigenous tribe in Costa Rica. This volcanic mud is a blend of natural minerals which glides on in a velvety layer. It cleans, exfoliates, draws out toxins, hydrates and improves the flow of nutrients to the skin's surface. This massage technique uses warm mud to relax, detoxify, nourish, and heal the skin, and brings the mind, body and spirit to its deepest level of relaxation.

Pure Honey Delight Massage

60 min. / \$90

A ceremony of pure sensuality to tantalize and delight derived from and inspired by Cleopatra's daily ritual. Warm organic locally grown honey and sesame oil are massaged into the body, face and hair. The honey is rinsed with warm milk, leaving skin soft, supple and rejuvenated. Pure bliss!

Chocolate Massage

60 min. / \$90

The unique mixture of pure chocolate and almond oil not only revitalizes the skin and replaces lost nutrients, but also has a positive effect on mental state and brings about good humor...combined with a soothing massage, this experience has rightly been described as two of life's greatest pleasures rolled into one!!!

Children's Massage

30 min. / \$55

Our little ones use and abuse their bodies even more than their parents and rightly deserve the reparative benefits of massage. Help promote a healthy body image at an early age.

Wine's Massage

60 min. / \$80

Relaxing and Tonic Massage

... Localized Massage ...

Localized massage treatments focus on certain body areas with specialized treatments to achieve specific results. If this is your first Spa experience, a localized massage treatment allows you to sample what the rest of the body is missing.

Reflexology Foot Treatment

30 min. / \$55

Foot massage utilizes precise techniques with a flowing sequence that can be used to maintain balance of the body's system. It can reduce tension, induce a state of relaxation, normalize gland and organ function, improve blood circulation, and also produce a powerful feeling of well-being and happiness.

Anti Stress Head, Back, & Shoulders Massage

30 min. / \$55

This is a healing ritual used to drive away negative energy on psychic and spiritual level. The massage uses specially prepared rosemary oil and balancing pressure points techniques to unwind and de-stress, promoting peace and relaxation.

Head massage, hair mask, & hand reflexology

30 min. / \$55

... Body Wrapsody ...

Sweet Chocolate Body Wrap

60 min. / \$90

It has been proven that Cocoa induces the production in the body of endorphins, substances that are capable of activating the natural process of fat elimination. Furthermore, these molecules, known as "happiness molecules", stimulate the senses, release tension and produce a sense of well being.

Holistic Coffee Body Wrap

60 min. / \$90

It is an innovative and holistic body wrap. The Coffee treatment acts as a natural diuretic and is a proven effective cellulite treatment with visible results. This indulging treatment will work to dissolve fat by hydrolysis, helping to smooth spongy, puffy looking skin.

Sea Algae Body Wrap

60 min. / \$90

Combining the richness of sea plants and marine algae with aromatherapy, this treatment is deeply detoxifying at all levels. A warm seaweed body mask is applied to your body before you are cocooned. Let your thoughts drift away whilst receiving a soothing face and scalp massage, and let the active ingredients work to detoxify, decongest, and stimulate your body's system.

After Sun Therapy Body Wrap

60 min. / \$90

This is a calming and cooling treatment. A mixture of Aloe Vera, avocado, cucumber and yogurt is applied to help soothe tired and overheated skin. A soft and delicate therapy designed for the whole body.

Exotic Tropical Fruit Body Wrap

60 min. / \$90

This is a special pampering of Papaya and other tropical fruits with a revitalizing blend of oils. This exotic mix is massaged into the skin which is then wrapped in a plastic sheet. After showering, your skin will look and feel velvety soft, smooth and deeply hydrated.

Arenal Volcano's Mud Dream Body Wrap

60 min. / \$90

Get the feeling of ultimate renewal! A warm natural volcanic mud is applied to the entire body, from head to toe, and then wrapped for 20 minutes. During this time, your skin will benefit from the detoxification and circulatory effects of the clay-mud. This treatment delivers mineralizing, rejuvenating, and smoothing effects while simultaneously relieving exhaustion. Your treatment will conclude with a shower and a soothing application of body moisturizer.

Secret of the Gods / Deluxe Grape Body Wrap

60 min. / \$90

Receive all the wine-therapy benefits with this red grape body wrap. Especially designed to improve the skin tone and maintain elasticity. Grapes have a powerful effect on free radicals thanks to the polyphenols that are concentrated in the pulp and seeds of the grape. Their creamy wrapping texture is very pleasant to apply and has an attractive rose appearance.

Fight Cellulite & Reduce Contour Wrap

75 min. / \$100

A revolutionary scientific discovery brings a new treatment against cellulite and excess adipose tissue. This intensive treatment method has a slimming action with a new patented molecule known as kephaslim. This treatment includes an enzymatic exfoliating wax, a reducing gel wrap and a Lipo control serum.

... Essential Body Glow ...

Arenal Kioro Aromatherapy Salt Scrub

45 min. / \$70

Salts from the abundance of the Pacific Ocean are mixed with your choice of essential aromatic oil to cleanse, stimulate and remove dead skin cells. It will leave you feeling totally refreshed and with smoother skin.

Naturals Herbal Scrub

45 min. / \$70

This lavish pampering treatment leaves you smelling and tasting good enough. Local seasonal herbal such as mint, chamomile, rosemary, eucalyptus are mixed together and expertly blended to cleanse and remove excess dead skin cells and produce a radiant and glowing complexion.

Coffee Bliss Scrub

45 min. / \$70

This delightfully stimulating and refreshing body cleanser uses natural coffee beans to deeply penetrate unwanted toxins from the body.

Brown Sugar Vanilla Body Glaze

45 min. / \$70

This body scrubs use essential oils of vanilla and brown sugar to polish skin and remove dull surface cells. This improves skin tone and soothes the senses with the sweet aroma of vanilla and a sugary silken touch.

Exquisite Orange & Honey Rub

45 min. / \$70

Suitable for sensitive skin types, this body treatment helps to maintain moisture in your skin. A gentle blend of honey and orange provides your skin with healthy nourishment, leaving it soft, supple and radiant.

Chocolate & Sugar Glow

45 min. / \$70

Something magical happens when you blend these two delectable ingredients. Indulge your senses as you refine the body with this sumptuous treatment. It smells so good; you just may want to eat it!

Sugar & Grape Scrub

45 min. / \$70

Perfect Combination for you Skin Delicate



Bathing Rituals in Room

\$ 10

Mint Chocolate Bath

This bath combines the healing and energizing effects of chocolate and powerful detoxifying synergy of mint essential oils. Renew your sense of wellness and vitality as you escape from the world!

Marine Crystals Bath

Inspiring dreams with the sound of the sea, this treatment enhances your body's own natural detoxification processes of Lemon, Orange and Rose essential oils, leaving you to feel refreshed and re-energized.

Arenal Laguna Aromatherapy Bath

Seek pleasure and enjoy as tension melts away with our soothing and relaxing bath of Lavender, Chamomile and Bergamot essential oils. A soothing and aromatic bath which relieve stress and up the spirit.

Enriching Cleopatra's Milk Bath

Rediscover the bliss within yourself as you are immersed in the richness of our bath! Just as Cleopatra loved to bathe in milk, now you too can indulge in this pleasure. You will emerge drenched with moisture, feeling gorgeous and smelling wonderfully aromatic.

Herbal & Exotic Flower Bath

A beautifully romantic and sensual bathing experience to scent and nourish your skin. Our herbal baths will restore balance in the most natural way. Your senses will be delighted by the aroma of Jasmine, Ylang-Ylang, Rose and Lavender.

Sandalwood & Jasmine Sensual Bath

Enjoy a Jasmine and Sandalwood perfumed bath which leaves skin soft, velvety and deliciously scented.

Lily of the Valle y& Honeysuckle Lover's Bath

From the ephemeral beauty of Lily of the Valley petals and Honeysuckle which languorously capture and reflect the light, a warm and sensual bath with inebriating fragrance which Hill envelope the air all around you spreading passion.

Fountain of Eterny Younged / Honey & Wine's Bath

Discover a new Skin, Soft and velvety.



...Mini Facial...

30 min. / \$ 55

Tropical Exotic Mini Facial

Rescue skin from daily effects of our climate with this healing facial. Nutritive fruits and enzymes are used in a natural, moisture-rich mask.

Dry skin	...mango & papaya
Normal skin	...strawberry & yogurt
Sensitive skin	...banana & honey
Oily skin	...avocado & lemon

Equilibrium / Algae Mini Facial

Excellent for all skin types-it detoxifies, cleanses and purifies even the most delicate of skin.

Clay Mud Mini Facial

Clay mud masque tones and invigorates the skin stimulating cell renewal (Recommended for oily skin).

Aloe Vera & Cucumber Mini Facial

This is a special masque used to treat and soothe any skin displaying symptoms of irritation and excessive exposure to the sun.

Pollen & Honey Mini Facial

A special mini facial for sensitive and dry skin. This combines the stimulating and restorative action of flower pollen with the toning and softening effects of honey.

... Skin Care Treatments...

Deep Pore Cleansing

60 min. / \$ 90

This treatment uses anti-inflammatory extracts that will leave your skin feeling fresh and rebalanced. Adaptable for any skin type, it combines highly personalized pore cleansing, exfoliation, steam and extraction. It is followed by a mask and a relaxing face and neck massage.

Sensitive Skin Facial

60 min. / \$ 90

A complete hydrating facial for a dry sensitive skin. May includes light extraction when necessary on T zone and a calming mask. A balancing and deep moisturizing cream with active ingredients will favors skin regeneration and deep hydration, leaving your skin soft and luminous. A vitamin C cream with sun block is applied to oxygenate and protect your skin.

Teen Facial

60 min. / \$ 90

Designed to help today's teenagers get started on an effective professional skin care program. This facial includes steaming, cleansing, skin analysis, exfoliation and a customized mask and relaxing face and neck massage.

After Sun Facial

60 min. / \$ 90

This gentle and calming facial is excellent for sunburn, dry, dehydrated skin that is need of hydration. Using a unique reenergizing, protective and corrective collagen mask leaves the skin feeling silky smooth, firm and moisturized with a youthful glow.

Excel Therapy Renacer / Cytokine Action

75 min. / \$ 100

An effective but highly relaxing facial treatment which is suitable for all skin types and is highly recommended for anyone aged 30 and over. Excel Therapy is a High-Tec skin performance product made with Cytoquins to promote collagen and elastin formation and maintain firm, luminous and radiant the skin.

Gentleman's Facial

75 min. / \$ 100

Our Spa offers an exclusive and restoring facial expressly for men. It acts against facial fatigue effects due to contamination, climate changes, tiredness and stress. Vitamin C, wheat, olive and birch extracts are applied to maintain the skin firm, hydrated and luminous.



Hydrasoïn Facial

75 min. / \$ 100

A complete hydrating and nourishing facial for mature skin that is losing its elasticity, appears dehydrated and opaque. The Hydrasoïn range of products uses green algae which is able to resist water stress and can rehydrate itself immediately; marine proteins which moisturize, repair, protect and soften; and plant's extracts that reconstitute the composition of skin lipids, renewing and protective the skin; and Marine Collagen to protect against moisture loss. This facial includes a gentle massage, soft t-zone extraction when necessary, nourishing serum and mask.

Revitase / the Lifting Effect Facial

75 min. / \$ 100

Innovating facial for your face and neck that restores youthful appearance dramatically improving skin tone, wrinkles, fine lines, elasticity and skin texture. It is a truly remarkable treatment which is particularly suitable for any person aged 40 and over. Treatment includes a sculpting gel, a firming cream, a modeling plastic mask for the neck and hydro gel mask veil for the face. This treatment ends with powerful Optima lift serum softly massaged into your face. May include light extraction when necessary.

Pure T Skin / Balance & Purity Facial

75 min. / \$ 100

This treatment is highly effective for providing a solution to shiny/oily and inflamed skin. Pure T Skin incorporates a new cosmetic concept; Deeping-An enzyme-based peel renews your skin in the gentlest way possible and ensures that extraction is virtually painless. An ideal treatment for men and women from teenage years and upwards.

Time Expert / Anti-Wrinkle Corrector

75 min. / \$ 100

An exclusive professional treatment inspired by the latest advances in facial care. It combines the benefits of Botox and Collagen, without injection, to work the main visible signs of skin ageing: expression wrinkles and lines. Causes facial micro-tensions to relax to prevent expression wrinkles from becoming deeper. Improves the skin's suppleness and firmness. Visibly helps the depth and length of wrinkles to fade away.

Choose by: * Eye Contour - Lines and Wrinkle Special Programme
* Advanced Correcting Programme - Lines and Wrinkles

... Waxing...

Wax is applied to the skin for removal of unwanted hair, leaving the skin smooth and silky for weeks.

<u>Full Leg</u>	\$50
<u>Half Leg</u>	\$35
<u>Full Arm</u>	\$40
<u>Half Arm</u>	\$30
<u>Under Arm</u>	\$20
<u>Bikini</u>	\$25
<u>Chin, Lip or Brow</u>	\$15
<u>Full Leg & Bikini</u>	\$65
<u>Back</u>	\$ 60



... Hands & Foot Care...

Special pampering to obtain a better and healthier looking for the hands, feet and nails.

Manicure

allow 30 min. / \$ 30

Includes trimming, buffing and filing of nails, cuticle management, hands massage and polish application in color of choice or classic French style.

Kid´s Manicure

allow 20 min. / \$ 25

Children under 10 can also indulge. Bubble manicure includes cuticle and nail work, moisturizing and either a polish application or high shine buff.

Gentleman´s Manicure

allow 30 min. / \$ 30

Specially designed "man"-I-cure. Light filing and shaping of the nails is combined with cuticle treatments help to "CURE" cracked, unattended cuticles often overlooked by men. This extraordinary treatment is then finished with a relaxing hand massage.

Deluxe Manicure

allow 50 min. / \$ 40

OPI Spa Manicure for the ultimate in hand and nail pampering, this treatment begins with a full exfoliation and massage of the hands and forearms, followed by a hand mask and concludes with a clearing, shaping and polishing of the nails.

Paraffin Indulgence Manicure

allow 60 min. / \$ 50

Adds a warming, moisturizing paraffin treatment to our basic manicure. Great for arthritis or dry skin.

Polish Change for Hands or Feet

allow 10 min. / \$ 15

Choose from any of our OPI colors.

Pedicure

allow 45 min. / \$40

Start with an aromatic soak in our heated, massaging pedicure tub. Includes trimming, buffing and filing of nails, cuticle management, foot and calf massage, exfoliation and callous smoothing and polish application in color of choice or French style if desired.

Kid's Pedicure

allow 25 min. / \$ 25

Children under 10 can have the enjoyment of pampering with our whirlpool foot spa. Includes cuticle and nail work, moisturizing cream and either a polish application or high shine buff.

Gentleman's Pedicure

allow 45 min. / \$ 40

Involves a soak, nail cut, file, hard skin removal, exfoliation, mask and massage.

Deluxe Pedicure

allow 60 min. / \$50

OPI Spa Pedicure to experience our most popular foot treatment. In this treatment the lower legs, feet and ankles are exfoliated and massaged. Afterwards, the feet are hydrated with a foot mask. Concludes with cleaning, shaping and polishing of the nails.

Reflexology Pedicure

allow 60 min. / \$65

This balancing pedicure starts with a foot soak along with all pedicure procedures. For the massage portion of this treatment reflexology is performed on the foot in place of traditional massage. Reflexology on the feet helps to balance the entire body from the inside and helps improve circulation throughout the body.

Paraffin Indulgence Pedicure

allow 60 min. / \$55

Add a warming, moisturizing paraffin dip to our basic pedicure. Great for sore, dry feet.

Paraffin Hands or Feet Dip

allow 15 min. / \$ 20

This service may be added to any nail service. Paraffin therapy is one of the most effective methods of applying heat to relieve the pain and stiffness. The warm paraffin also moisturizes for healthier looking, softer skin. Your hands or feet are dipped in hot paraffin, wrapped and put in mitts or booties for 10 minutes resulting in a deep moisturizing treatment which will be noticed for days after the service.

.. Specialized Hair and Scalp Treatments

Herbal Treatment

allow 1 hour / \$45

It is a herbal treatment for the hair which has been followed by centuries. It has curative as well conditioning abilities. Specially prepared herbs are used in the treatment of falling hair and dandruff. Includes shampoo. (Add flat iron - \$ 10 extra).

Thinning Hair Treatment for Men

allow 30 min. / \$35

Specifically designed hair and scalp treatment for the special needs of men to provide needed, long-term results. Includes scalp renewal treatment, a circulatory neck and scalp massage, treatment gel, special shampoo, finishing rinse and thin hair treatment.

Volcanic Mud Hair and Scalp Treatment

allow 30 min. / \$35

Using the richness of Arenal Volcano's mud, this treatment is designed to stimulate circulation on the scalp, balance the scalp pH as well as promote new fuller, healthier looking hair.

European Hair and Scalp Treatment

allow 30 min. / \$35

This treatment is designed to renew hair to a healthy, shining state and includes a purifying and enriching scalp renewal treatment, a neck and scalp massage, renewing shampoo and conditioner light-weight cream.

Neidín Spa

Our Mission

Our mission is to promote rejuvenation of the body, mind and spirit. We offer to our guest the opportunity for a true "Spa Experience", which combines various Spa Treatments and Salon Services designed to complement each other and to facilitate ultimate relaxation and therapeutic benefits. The sum effect of the whole experience is much greater than individual treatments themselves... Just leave you to be pampered by us with our special massages, delicious body treatments, special designed facial treatments for individual needs, enjoy our bathing rituals or just let us to take care of your hair, hands and feet. Join us and you'll feel total rejuvenated, renewed and refreshed, for sure.

SPA SCHEDULE: From 8:00 a.m. to 10:00 p.m.

Cancellation Politics

It is each guest responsibility to notify Neidin Spa at least 4 hours in advance should you need to cancel or reschedule your appointment. If cancellation is not made within 4 hours of scheduled appointments, we will be charged 50 % of booked service.

...Thanking you for your time, we'll hope
to have the opportunity to pamper you as
exactly as you need...

